

Welcome
to



St. Paul's Church

East Ham

227 Burges Road, East Ham, London E6 2EU

www.saintpauls.fsnet.co.uk

mail@saintpauls.fsnet.co.uk

This Welcome booklet was given to you by:



Facilities for the disabled:

The main entrance in Burges Road is level with the pavement, and from here both the church and the hall are accessible by wheelchair, including the disabled toilet. (We regret that we do not have lift access to upper floor or cellar meeting rooms; however, wherever possible we try to avoid using these rooms.)



The church has an 'AFILS' loop system for the hearing-impaired. Switching your hearing aid to the 'T' position will enable you to enjoy sound via the loop (with less background noise).

The church also employs a Sound Reinforcement System to aid intelligibility for those sitting further back, or situated in the crèche.

Wherever possible, service booklets and hymn words are available in large, very-large and giant print versions.

The church's policy is to include everyone, wherever possible, within the full life of the church and its associated activities, regardless of age, gender, nationality, ethnicity or ability. All are welcome, as all are Children of God.

As we develop the buildings, we continue to improve facilities and access.

If you feel you have a particular need that is not being addressed, please let us know - we may be able to help quite easily, if we are aware of your problem.

Vicar:

Rev. Merrin Playle
St. Paul's Vicarage
227 Burges Road
East Ham
London E6 2EU
☎ 020 8552 9955
Email: vicar@saintpauls.fsnet.co.uk

Chaplain to the Christian Tamil Community:

Rev. John-Princely Croos
103 Browning Road
Manor Park
London E12
☎ 020 8472 4143
☎ 07908 768976
Email: princely@saintpauls.fsnet.co.uk

Church Website: www.saintpauls.fsnet.co.uk

General Email: mail@saintpauls.fsnet.co.uk

HELPING OUT

There are many ways in which each person at St. Paul's can make a positive and valuable contribution to our church life. If you would like to help with any of the activities mentioned in this pack or the others listed below, please speak to Merrin or the named contact:

Church flowers:	Denise Taylor	020 8554 2897
Church cleaning:	Anne Field	020 8552 3015
Music:	Merrin	
Bible readings:	Merrin	
Prayers/Intercessions:	Merrin	
Tea & coffee:	Eileen Bone	020 8552 3168

CONTACTS

Vicar: Rev. Merrin Playle 020 8552 9955

Associate Chaplain:

Rev. John-Princely Croos 020 8472 4143

Churchwardens:

Gwen Maclver 020 8552 3434

Graham Field 020 8552 3015

Barry Mason

PCC Secretary:

Carol Tubb 020 8472 0904

Church Treasurer:

Sandra Elsom 020 8472 5609

Hall Bookings Secretary:

Gwen Maclver 020 8552 3434

See back of **CORNERSTONE**, our parish magazine, for further contacts



St. Paul's Church

East Ham

Welcome

Thank you for coming to St. Paul's Church. This booklet tells you about the church and what goes on here on a Sunday and throughout the week. We hope you will find this useful. If you have any questions or would like further information then please do not hesitate to speak to any of the other people listed.

At St. Paul's we aim to make all newcomers welcome. We hope this is a church where all will feel valued and be able to meet with God.

To help us keep in contact with you could you please complete the slip inside the front cover and return it to whoever gave you this booklet or post it into the Vicarage (the white house next door to the church hall).

Thank you



**The vision of St. Paul's Church family
is to be a 21st century 'abbey' : -**

- at the heart of our community where all people are welcome
- for comfort and healing, for re-creation and celebration
- for learning and encouragement
- where, in worship, earth and heaven meet
- a place of prayer for the people of all nations and all ages

where people grow as followers of Jesus

SUNDAY SERVICES

Here is a guide to the different services held on a Sunday at St. Paul's. Changes are sometimes made (e.g. Christmas, Easter). The details of all services are listed in St. Paul's *CORNERSTONE* magazine, which is published every other month, and in our weekly notice sheets.

1 st Sunday of the month:	10.30am 6.30pm	Morning Worship Holy Communion
2 nd Sunday of the month:	10.30am 6.30pm	Family Communion Evening Prayer
3 rd Sunday of the month:	10.30am 6.30pm	Morning Worship Holy Communion
4 th Sunday of the month:	10.30am 6.30pm	Holy Communion Open Service
5 th Sunday of the month:	10.30am 6.30pm	Holy Communion Evening Prayer

MORNING SERVICES.

Morning Worship: After approx 20 minutes the children leave to go to their *SUNDAY CLUB*.

Family Communion: A service of Holy Communion for the whole church family. No Sunday Clubs. (see opposite)

Holy Communion: After approx 20 minutes the children leave to go to their *SUNDAY CLUB*.

Our services are normally taken from the Church of England book called "Common Worship".

Everyone is invited to stay for refreshments in the Reception area at the end of each service.

FIT AND HEALTHY ELDERS PROJECT

This is a project supported by St. Paul's, in partnership with the *Bonny Downs Community Association*, for those in our community over 50 years of age. It holds events in East Ham at The Well Community Centre, Pilgrims Way Church, St. George's Church and (*) here at St. Paul's.

Activities include:-

- *Ballroom Dancing
- *Line Dancing,
- *Film Club 👍,
- *Lunch Club 👍,
- Flower Arranging,
- *With Men In Mind,
- Walking Club,
- Swimming Club,
- *Exercise classes,
- Pensions advice,
- Day trips,
- Holidays and more . . .

For further details, please speak to Diana, Marilyn, April or Payal on 020 8586 6868.

* contact Anne & Graham Field on 020 8552 3015

👍 *Also open to those under 50!*

MIDWEEK

HOLY COMMUNION

every WEDNESDAY at 10.00am in the Side Chapel.

HOME GROUPS

meet fortnightly for building friendship and faith, studying the bible and prayer. Contact: Rev. Merrin Playle.

MOTHERS' UNION

usually meets on the first Monday of the month at 1.30pm in the Reception Area - for details please contact: Eileen Bone - 01932 855117

FILM CLUB

meets on the second Monday of the month from 1pm in the Reception Area. Enjoy a Film (starts at 1:30pm), refreshments and a chat with friends. contact: Anne & Graham Field - 020 8552 3015

LUNCH CLUB

meets on the third Tuesday of each month from 12 noon in the Reception Area. Hot meal starts at 12:30pm. **Please book in advance**, cost £2-50. contact: Anne & Graham Field - 020 8552 3015

COMMUNITY POLICE SAFER NEIGHBOURHOOD TEAM SURGERY

Drop into the café and meet the Wall End team - 10 ~ 11 am Thursdays.

Paul's Place Café

10am to 12 noon, every Thursday and Friday in the Reception Area. (The church is open for private prayer.)



St. Paul's is a registered **Fairtrade** Church.

CHILDREN

We are always pleased to have children join us at St. Paul's, where we have **SUNDAY CLUB** for all children and teenagers from school 'reception' age to 18.

For children there is a **crèche** area available behind the glass partition at the back of church for parents to use during the service, if they so wish. (Parents are requested to stay with their children in the crèche area.)

SUNDAY CLUB is an opportunity for the children to learn more about the Christian faith using material suitable for their age range. Each group is led by at least 2 leaders and it is split into the following groups:

Climbers: Reception - Year 2

Explorers: Year 3 - Year 6

Pathfinders: Year 7 - Year 13

If you would like any further information about the **SUNDAY CLUBS** then please speak to Kate Apps, our Sunday Club Co-ordinator, or to Merrin.

PARENT & TODDLER GROUP

Held every week in the Church Hall. This is for pre school-age children and is open to everyone. It offers an excellent selection of activities and toys and a good chance to meet other parents.

Wednesday: 12.30pm to 2.30pm

Thursday: 9.30am to 11:30am

Cost: £1-00 per child per session.

Contact: Gwen Maclver - 020 8552 3434

HOLY COMMUNION:

All are invited to come forward to the rail at the Communion.

If you are a confirmed member of the Church of England or a regular communicant in your own church, then you are very welcome to share bread and wine. If you are not taking bread and wine, please leave your hands below the communion rail and you will be offered a prayer of blessing.

All children (non-confirmed) are very welcome to come forward for a prayer of blessing.

PRAYER:

At the Family Communion service (2nd Sunday of each month) there is an opportunity for prayer for any need or situation or healing or just to say "thanks" to God for something special. After leaving the main communion rail, go the rail at the side chapel and a member of St. Paul's will pray with you. There is no need for you to say anything if you do not wish to, just hold your prayer in your heart and God will hear you.

The side chapel may be used for quiet prayer after *any* service.

Please do ask a member of St. Paul's if you would like someone to pray with you.

There is a prayer board if you wish to request prayer for a specific situation or person, and may also be used to let us know answers to prayer.

OPEN SERVICE:

The open service at 6:30 pm on the fourth Sunday of the month offers the opportunity to explore a variety of styles of worship.

TAMIL FELLOWSHIP:

This Fellowship is an outreach ministry by the Anglican Tamil Chaplaincy to the Tamil-speaking people. Established in August 2007.

Chaplain: Rev. Princely Croos

INTERNATIONAL FRIENDS FELLOWSHIP:

A meeting specially for those from outside the UK, a chance to share your experiences.

Chaplain: Rev. Princely Croos



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PLEASE COMPLETE IN BLOCK CAPITALS

(continue overleaf if required): Date: _____.

SURNAME: _____.

FIRST NAME(S) _____.

Children: _____ Age: _____.

_____ Age: _____.

_____ Age: _____.

_____ Age: _____.

Address:

_____.

_____.

☎: _____.

e-mail : _____.

Please tick the box if you would like someone to visit you

To help us keep in contact with you could you please complete this slip return it to whoever gave you the Welcome Booklet, or post it into the Vicarage (the white house next door to the church hall). Thank You.



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